

Keyboarding Benchmark 1

Name _____

Score ____/6

Initial Keyboarding Speed _____ W.P.M

Skill	Demonstrated	Needs Improvement	Not Demonstrated
Keyboard at edge of desk			
Centered keyboard (J key)			
Seated one hand span from keyboard			
Both feet are flat on the floor			
Correct Posture (sit up straight)			
Hands placed on home row			